Pressure Ulcers and Treatment Among Individuals with Spinal Cord Injuries

OVERVIEW
Over a lifetime, more than 60% of patients with spinal cord injury report developing a pressure ulcer. With improvements in care, a spinal cord injury no longer dictates a shortened life span but complications of pressure ulcers are still a cause of significant morbidity and mortality. Prevention involves more expansive considerations than in other high risk populations. Treatment requires a multidisciplinary approach. This Webinar explores the social and physiologic aspects of primary and secondary pressure ulcer prevention and treatment.

OBJECTIVES
Define 3 risk factors that increase the likelihood of pressure ulcers in patients with SCI
Describe some unusual ‘usual’ areas for pressure ulcer development
Describe methods to individualize pro-active pressure ulcer prevention plans

PRESENTERS

Margaret Goldberg, RN, MSN, CWOCN — Margaret has been an active Wound Ostomy & Continence Nursing Society (WOCN) member for over 30 years and she is a past president WOCN Society. She is a Board Member and current President of National Pressure Ulcer Advisory Panel. Margaret has co-authored a wound management text and a book on diversions and has authored many articles and chapters on wound and ostomy care. Her most current publications are about moisture related skin damage, and unavoidable pressure ulcers. Margaret is currently a wound care specialist at an outpatient center in Delray Beach, Florida.

Karin Zachow, MD, CWS — Dr. Zachow founded the Multidisciplinary Wound Care Clinic at the Bruce W Carter VA in Miami more than twenty years ago. In addition, she provides consultation for challenging wounds in acute and long term care, provides both inpatient and outpatient wound care for the Spinal Cord Injury (SCI) Center as well as inpatient SCI patient care. She is board certified in Internal Medicine, Geriatrics, Spinal Cord Medicine and Wound Care. She has participated in several multicenter VA trials focused on pressure ulcer care in patients with SCI. She is board certified in Internal Medicine, Geriatrics, Spinal Cord Medicine and Wound Care and holds a Masters Degree in Ornithology.

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