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Winter 2010, Vol. 25

National Pressure Ulcer Advisory Panel

the NPUAP

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*The National Pressure Ulcer Advisory Panel (NPUAP) serves as the authoritative voice for improved patient outcomes in pressure ulcer prevention and treatment through public policy, education and research. Learn more about pressure ulcers and NPUAP at [www.npuap.org](http://www.npuap.org)*

## ONE-DAY NPUAP CONFERENCE IN FEBRUARY

### International Multidisciplinary Consensus Panel on the Issues of Avoidable and Unavoidable Pressure Ulcers in All Care Settings

The National Pressure Ulcer Advisory Panel (NPUAP) is proud to announce NPUAP's **International Multidisciplinary Consensus Panel on the Issues of Avoidable and Unavoidable Pressure Ulcers in All Care Settings**. This groundbreaking event will be held **Thursday, February 25, 2010**, at Johns Hopkins University Turner Auditorium in Baltimore, Maryland.

Invited experts from around the world will come together at this conference to participate in a moderated discussion with the goal of achieving consensus on some of the most important issues surrounding avoidable and unavoidable pressure ulcers.

#### Purpose of the Conference

- Define when and under what conditions pressure ulcers develop
- Describe characteristics of patients who develop unavoidable pressure ulcers
- Discuss training necessary to assess skin and conduct risk assessments, and apply clinical judgment for developing a plan of care
- Propose criteria to substantiate the claim that the ulcer was unavoidable
- Define unavoidable pressure ulcers
- Define and differentiate skin failure vs. pressure ulcers (including Deep Tissue Injury (DTI) & Kennedy Terminal Ulcer (KTU))
- Discuss the education necessary to accurately assess and interpret skin condition

#### Cost and Registration

The cost to attend the meeting is \$150 for the day, which includes food and meeting materials. No continuing education credit will be offered, however you may seek them on your own. Registration to the conference is limited, so please register early at [www.npuap.org](http://www.npuap.org) and click on the Consensus Conference link. ■



#### PRESIDENT'S MESSAGE

### Vision for the Future

Laura Edsberg, PhD

The NPUAP-EUAP International Guidelines for Pressure Ulcer Prevention and Treatment were completed this fall and are now available at our website [www.npuap.org](http://www.npuap.org). As this four-year endeavor was coming to completion we began to look forward. At the August panel meeting the Board of Directors spent a full day working with a moderator to review and update our strategic plan. I am very pleased to report that we were all very much on the same page and despite working in several small working groups we all came to the same six key goals:

1. Become the international authority and thought leader in the field of pressure ulcers
2. Create a consistent vision and voice in U.S. public policy
3. Become the leading educator in pressure ulcers
4. Provide preeminent expertise in pressure ulcers research
5. Increase effectiveness in the Panel be engaging multidisciplinary experts in implementing a culture of sustainability
6. Maintain the current financial base of NPUAP and expand the resources to support new activities

These six goals represent the NPUAP's continued desire to be at the forefront of pressure ulcer care, public policy, and education. These goals will become part of the work of the three NPUAP standing committees – public

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**SAVE THE DATE!!**

**NPUAP 2011  
BIENNIAL  
CONFERENCE**

**FEBRUARY 2011  
LAS VEGAS, NEVADA**

**Emerging Issues in Healthcare Reform**

More information is coming soon to  
[www.npuap.org](http://www.npuap.org)



## PRESIDENT'S MESSAGE

*Continued from page 1*

policy, education, and research.

As a start to follow our new strategic vision we are hosting an **International Multidisciplinary Consensus Panel on the Issues of Avoidable and Unavoidable Pressure Ulcers in All Care Settings**. This conference will take place on **February 25, 2010** at Johns Hopkins University in Baltimore, MD.

There are several issues surrounding pressure ulcer formation and one of the most significant is whether all pressure ulcers are avoidable. The formation of pressure ulcers is often, appropriately or inappropriately, associated with negligent care of the patient. This NPUAP consensus conference is designed to:

1. define the clinical conditions in different care settings that create situations of unavoidable pressure ulcers,
2. identify the documentation needed to substantiate these claims, and
3. suggest interventions/technology that can be developed to combat the problem.

Experts from around the world will convene at this conference to participate in a moderated discussion with the goal of achieving consensus on some of the most important issues surrounding avoidable and unavoidable pressure ulcers including: definition of avoidable and unavoidable pressure ulcers, the pathophysiological situations under which they occur, and clarification of the settings and patient populations impacted.

Please join us in supporting our vision of the NPUAP going into the future and at the International Multi-disciplinary Consensus Panel on the Issues of Avoidable and Unavoidable Pressure Ulcers in All Care Settings in February. To register your attendance, please visit our website at [www.npuap.org](http://www.npuap.org).



Laura Edsberg, PhD  
NPUAP President

## NPUAP Directors and Officers Elected

The National Pressure Ulcer Advisory Panel is pleased to announce the election of five directors for a three-year term, and the 2010 officers for a one-year term, with terms beginning February 2010. NPUAP's Board consists of 15 directors and officers.

The 2010 NPUAP officers elected are:

- Laura Edsberg, PhD – President
- Laurie McNichol, MSN, RN, GNP, CWOCN – Vice President
- Mary Ellen Posthauer, RD, CD, LD – Secretary
- Margaret Goldberg, RN, MSN, CWOCN – Treasurer

Barbara J. Braden, PhD, RN, FAAN, and David M. Brienza, PhD, are former NPUAP directors who are returning to the Board. Karin F. Zachow, MD, CWS, is joining the Board as a new director. Evan Call, MS, and Laurie McNichol, MSN, RN, GNP, CWOCN, are current directors who were elected to serve a second three-year term.

Dr. Barbara Braden is one of the most recognized names in pressure ulcers due to the Braden Scale. Dr. Braden is widely published in the field and has spoken around the world about pressure ulcers and the Braden Scale. Additionally, Dr. Braden has received numerous awards from her peers in the field internationally. Dr. Braden has previously served on the board working with both the Public Policy Committee and Education Committee, as well as being the NPUAP Treasurer.

Dr. David Brienza is well known, well published and a leader in the field of Biomedical Engineering related to pressure ulcer prevention and support surface related research. Dr. Brienza currently holds a number of respected positions; Professor in the School of Health and Rehab Sciences; Director of the Rehabilitation Engineering Research Center of Spinal Cord Injury; Professor in the Department of Bioengineering; and, Professor at the McGowan Institute for Regenerative Medicine. Dr. Brienza has previously served on the NPUAP Board of Directors as Chairman of the S3I Tissue Integrity Committee and as Co-Chair of the Support Surfaces Standards Initiative (S3I).

Dr. Karin Zachow is an Assistant Professor of Clinical Medicine at the University of Miami School of Medicine and Director of the Multidisciplinary Wound Care Clinic at the Miami VA Medical Center. She also is a staff physician for the Spinal Cord Injury (SCI) unit where she manages the SCI wound team. Dr. Zachow has spoken at many conferences around the country on the topic of wound care, and is published in many wound care abstracts. This is Dr. Zachow's first year serving on the NPUAP Board of Directors. ■

## NPUAP Alumni Council

NPUAP's Alumni Council Representative Catherine Ratliff is missing contact information for the following NPUAP Alumni. If you have any contact information for the listed individuals please contact Catherine Ratliff by email at [CRR9M@hscmail.mcc.virginia.edu](mailto:CRR9M@hscmail.mcc.virginia.edu).

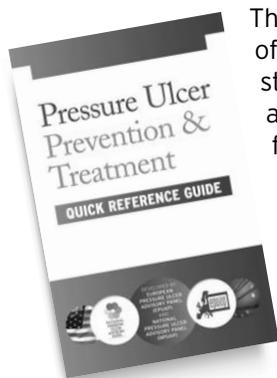
- Victor Alterescu, RN, MBA, MPH, ET
- Rosalind Breslow, PhD, RD, MPH
- Louise Colburn, RN, MS
- Cynthia Henderson, MD, MPH
- Jan Jennings, MPH
- Ronald M. Linder, MD, FACS
- Barbara Oot-Giromini, MS, RN
- Donald E. Saye, DPM
- Mary Lou Shannon, EdD, RN
- Joseph A. Witkowski, MD



## NOW AVAILABLE AT NPUAP'S ONLINE STORE: NPUAP-EPUAP Pressure Ulcer Guidelines

- Learn about the latest in pressure ulcer prevention & care.
- Join an international community of clinicians & researchers.
- For best evidence-based practices from around the world...  
buy the international pressure ulcer guidelines!

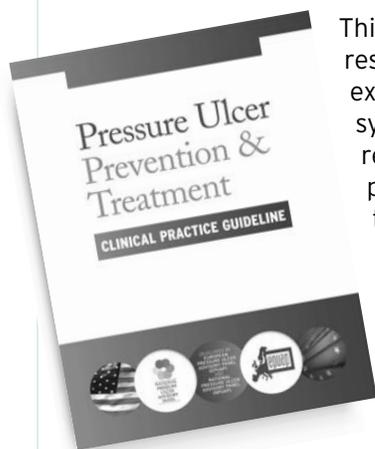
### ■ QUICK REFERENCE GUIDE (QRG): \$25.00 + S&H



This document provides evidence-based recommendations on a full range of topics related to pressure ulcers. The prevention section provides state-of-the-art best-practice recommendations on risk assessment, skin assessment, nutrition, repositioning, and support surfaces with a special focus on patients in the operating room. The treatment section provides a comprehensive guide for the care of individuals with pressure ulcers.

Topics include best practices for classifying, assessing, and monitoring pressure ulcers; assessing and managing pain; nutrition for healing; support surfaces; wound bed preparation (cleansing, debridement, dressings, and assessment & management of infection); use of biophysical agents such as electrical stimulation; and surgery for pressure ulcers. Special recommendations for spinal cord injured and bariatric patients are included. There is a special section on pressure ulcer care for patients receiving palliative care.

### ■ CLINICAL PRACTICE GUIDELINE (CPG): \$84.99 + S&H



This 128-page document expands on the QRG by providing a summary of the research supporting each recommendation. But don't think of it as just an expanded version of the QRG. It is much more! The CPG provides a succinct synopsis of existing research on pressure ulcers. It is an indispensable resource for clinicians providing evidence-based practice, educators presenting the latest research to their students, policy makers shaping the future of health care, and researchers at the cutting edge of new discoveries.

Receive **10% off** these prices when ordering 20 or more of the Quick Reference Guide or Clinical Practice Guideline!! Simply enter the bulk discount code when ordering online.

Purchase your copy of the guidelines today at the [www.npuap.org](http://www.npuap.org) online store!

## Wild on Wounds (WOW) Annual Conference Review

NPUAP Past President, **Diane Langemo**, PhD, RN, FAAN, of the University of North Dakota College of Nursing, was a presenter at the recent WOW, Wild on Wounds, annual conference. Held at the Paris Hotel in Las Vegas on September 10–12, the conference attracted over 500 wound care professionals.

The topic presented by Dr. Langemo was “NPUAP Update 2009”, which encompassed a detailed overview of the recent and upcoming accomplishments of the National Pressure Ulcer Advisory Panel. This included information on the Shear Initiative, the *NPUAP-EPUAP International Pressure Ulcer Prevention and Treatment Guidelines*, including highlights from the new sections in the guidelines on palliative care, pain and critical care and NPUAP’s ongoing work with the CMS in the area of public policy related to pressure ulcer prevention, care and research.

With the imminent release of the new international guidelines, Dr. Langemo’s presentation proved to be one of the most popular sessions at the conference. “Evidenced by a filled to capacity, standing room only session hall, this was probably the most hotly awaited topic on everyone’s mind, and the presentation could not have been more timely,” said Debbie Hecker, Executive Director of the National Alliance of Wound Care®.

The National Alliance of Wound Care (NAWC®) endorses the annual WOW Conference, hosted by its educational partner, WCEI, and uses the Awards Banquet as a platform to present the WCC® Annual Achievement Awards and Scholarship. This year’s awards were presented to the following people:

- *Outstanding Research in Wound Care* went to **Anne Blevins**, BSN, RN, WCC, CWOCN, a clinical nurse specialist at the Drake Center in Cincinnati, Ohio;
- *Outstanding Work in Diabetic Wounds* was awarded to **Catherine Jackson**, RN, BSN, WCC, of MacNeal Health Network of Berwyn, Illinois;
- *Outstanding WCC of the Year* went to **Shane Pilkington**, LOTR, CLT, WCC, of Dubuis Health System in Shreveport, Louisiana; and
- The *2009 WCC Scholarship* was presented to **Rebecca Thompson**, RN, of Heartland Home Care in Oskaloosa, Iowa. ■

## Upcoming Joint Conference of WOCN and WCET

2010 will be a historic year as the two premier wound, ostomy, and continence associations come together with a Universal Focus on Patient Care. The WOCN Society and WCET will unite to educate the world on the most up-to-date patient care treatments, evidence-based research, and techniques aimed to advance the profession. Learn from top speakers throughout the world and return to your practice with newfound knowledge designed to improve the lives of patients. The WOCN Society and WCET have developed a one of a kind educational schedule aimed to assist nurses from all over the world perform expert patient care in the areas of wound, ostomy, and continence care. This will be a once in a lifetime experience, not to be missed. Featured sessions include: Negative Pressure Wound Therapy - State of the Science, Abdominal Wall Reconstruction, Infection Control, Wound Diagnostics Update, Oasis C Revisions Related to Wound Care, Transcultural Nursing in Ostomy and 8 WCET Oral Abstract Presentations. Registration opens January 2010. Learn more by visiting <http://wocn.jointconference2010.org/> ■

## NPUAP CORPORATE ADVISORY COUNCIL (CAC) MEMBER SPOTLIGHT

### Mölnlycke Health Care

With over 150 years of experience in developing clinical products, Mölnlycke (MUN-lick-a) Health Care is a leading supplier of surgical and wound management products. Established in Sweden in 1849, Mölnlycke supplies a wide range of innovative, high quality medical products including dressings with Safetac® soft silicone technology, Biogel® gloves, Barrier® wearing apparel, and Hibiclens® antiseptics. Since 1979, we have held a dynamic role within the wound care industry and are a market leader in the United States.

Our long-standing success is based on our understanding and appreciation of the clinical challenges of wound management. Through our extensive research and development processes, we strive to provide products that promote optimal outcomes. We are dedicated to the needs of all health care environments: acute, rehabilitation, long-term care, home care, and outpatient clinics.

As a response to the very real concern of both trauma and pain for patients with wounds, Mölnlycke Health Care has developed a unique patented soft silicone technology called Safetac®. Many of the products in our growing product line feature Safetac soft silicone technology and provide less pain to the patient and less trauma to the wound and surrounding skin during wear and with dressing changes. ■



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