



NATIONAL
PRESSURE
ULCER
ADVISORY
PANEL

ADVANCE PROGRAM AND REGISTRATION MATERIALS

The 11th NPUAP National Biennial Conference is
Co-Provided by American Medical Technologies

11TH NATIONAL NPUAP BIENNIAL CONFERENCE

Ushering in **NEW**
International
Guidelines for
Pressure Ulcer
Prevention and
Treatment:
**PUBLIC
POLICY &
CLINICAL
PRACTICE**

FEBRUARY 27-28, 2009

ARLINGTON, VIRGINIA (D.C. AREA)

HYATT REGENCY CRYSTAL CITY

**REGISTER
ONLINE!**
www.npuap.org

**EARLY BIRD
REGISTRATION
DEADLINE:
JANUARY 26
2009**

FEATURING **TWO** CONCURRENT CONFERENCE TRACKS:

- 1. International Guideline Consensus on Implementation**
- 2. Current Best Practice in Pressure Ulcer Management**

The National Pressure Ulcer Advisory Panel, in conjunction with the European Pressure Ulcer Advisory Panel, created newly revised evidence-based international guidelines for the prevention and treatment of pressure ulcers. Participants of this conference will be the very first to obtain an inaugural version of the complete international prevention and treatment guidelines. Attendees will have the stimulating opportunity to discuss the implications of these guidelines in all settings.

Dear Colleague,

Please join us for NPUAP's 11th Biennial Conference. We offer two meetings in one! A Consensus Conference and a Best Practice Conference. You choose the one that best suits your needs.

If you are new to the conference, we welcome you and hope to have an opportunity to transform your practice! If you have attended the consensus conference before, you know that you can anticipate being on the cutting edge of policy making set from a stage of evidence-based guidelines. We welcome you back and encourage your thoughtful participation as we launch this new era of pressure ulcer prevention and treatment. If you have attended the treatment conference in the past, you know you will hear presentations from the brightest and best professionals in pressure ulcer prevention and treatment.

On the first day of the conference, we will spend our day together so we can all learn about how the international guidelines were developed. Our European colleagues will provide an overview of the prevention guidelines inviting ideas for implementation, implications in all settings and research needed. The NPUAP guidelines on treatment of pressure ulcers will be introduced in the same manner to the entire audience. We'll discuss federal policy, the impact of the CMS rulings in acute care, pressure ulcers as a quality indicator, and cutting edge topics related to pressure ulcer care.

The second day of the conference we will divide in half and you will attend the conference of your choice. The consensus conference will continue to explore issues in policy, and discuss challenges and opportunities for the future. The best practice conference will continue to address the best evidence for clinical implementation of the guidelines in various practice settings and for specific patients. Many people have found that bringing a colleague allows someone from your institution to attend both sessions and share the information more readily. Take advantage of our reduced registration fees for multiple professionals attending from one institution!

Your hosts,



Joyce Black, PhD, RN



Becky Dornier, RD, LD

Co-Chairs, NPUAP Education Committee & Conference Planning Committee



**NATIONAL
 PRESSURE
 ULCER
 ADVISORY
 PANEL**

The National Pressure Ulcer Advisory Panel (NPUAP) serves as the authoritative voice for improved patient outcomes in pressure ulcer prevention and treatment through public policy, education and research.

**JOIN US IN
 SHAPING THE
 PREFERRED
 FUTURE OF
 PRESSURE
 ULCER
 POLICY,
 RESEARCH,
 EDUCATION,
 AND
 PRACTICE**

WHO SHOULD ATTEND?

Nurses, Nurse Practitioners, Physicians, Physician Assistants, Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Dietitians, Governmental Employees, Policy Makers, and Researchers.

Conference objectives

At the end of the 11th NPUAP Biennial Conference, participants will be able to:

- 1) Describe the new international pressure ulcer prevention and treatment guidelines
- 2) Appraise the need for public policy efforts, research priorities and educational offerings
- 3) Discuss the implementation of the new international pressure ulcer prevention and treatment guidelines

**Conference 1
 International Guideline
 Consensus on Implementation**

**Conference 2
 Current Best Practice in
 Pressure Ulcer Management**

Due to the intensity of both programs we ask that you do not move back and forth between the two conferences, so please choose the program track that best meets your needs. All attendees will receive a copy of the new international guidelines.

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Schedule of Events

DAY 1 **FRIDAY, FEBRUARY 27, 2009**

PLENARY SESSION (ALL ATTENDEES)

- 7:30–8:30AM **Registration / Continental Breakfast in Exhibit Hall**
- 8:30–8:45AM **Welcome, NPUAP President 2009–2010**
> Laura Edsberg, PhD
- 8:45–9:00AM **Arms Across the Pond: the NPUAP/EPUAP Guideline Initiative**
> Janet Cuddigan, PhD, RN
- 9:00–9:15AM **Overview of Guideline Methodology**
> Diane Langemo, PhD, RN
- 9:30–10:00AM **Coffee Break in Exhibit Hall**
- 10:00–10:30AM **Prevention of Pressure Ulcers Guidelines**
> Carol Dealey, PhD, RN
> Thomas Defloor, PhD, RN
- 10:30–11:15AM **Treatment of Pressure Ulcers Guidelines**
> Janet Cuddigan, PhD, RN
> Diane Langemo, PhD, RN
- 11:15–11:30AM **Discussion**
- 11:30–1:00PM **Lunch in Exhibit Hall & Presentation of Koziak and Stewart Founders Awards**
- 1:00–1:30PM **Adjusting for Risk and Pressure Ulcer Formation**
> Joann Lynn, MD
- 1:30–2:00PM **The “Present on Admission” Rulings in Acute Care**
> Speaker TBA
- 2:15–3:15PM **Coffee Break in Exhibit Hall**
- 3:15–3:30PM **Discussion: The Impact of CMS Rulings on Hospital Practice**
> Becky Dorner, RD, LD
- 3:30–4:00PM **Measuring Pressure Ulcer Rates**
> Catherine Ratliff, PhD, RN
- 4:00–4:15PM **The Braden Scale: From Reliable Assessment to Effective Intervention**
> JoAnn Maklebust, MSN, RN
- 4:15–4:30PM **Discussion and Evaluation**
- 4:30–6:30PM **Reception in Exhibit Hall**

**EXHIBITOR
& SPONSORSHIP
OPPORTUNITIES
AVAILABLE!**
Contact NPUAP
for details.

SCHEDULE OF EVENTS
(CONTINUED)

DAY 2 SATURDAY, FEBRUARY 28, 2009

7:00–8:30AM **Breakfast in Exhibit Hall** (ALL ATTENDEES)

8:30–4:30PM **CONSENSUS & BEST PRACTICE CONFERENCES** (CONCURRENT)

INTERNATIONAL GUIDELINE CONSENSUS ON IMPLEMENTATION

TRACK 1

8:30AM	Welcome > Joyce Black, PhD, RN	11:45–12:30PM	Breakout Session Reports
8:35–8:50AM	Translating Guidelines into Bedside Care > Joyce Black, PhD, RN	12:30–1:15PM	Lunch in Exhibit Hall
8:50–9:45AM	Breakout Groups to Discuss Implementation of Guidelines in Settings	1:15–2:15PM	Breakout Groups to Discuss Public Policy, Research and Education Needs
9:45–10:15AM	Coffee Break in Exhibit Hall	2:15–2:30PM	Coffee Break
10:15–11:00AM	Breakout Session Reports	2:30–3:30PM	Breakout Session Reports
11:00–11:45AM	Breakout Groups to Discuss Implementation of Guidelines in Populations	3:30–4:15PM	Consensus Building: Crafting Agenda Priorities for Public Policy, Research and Education
		4:15–4:30PM	Evaluation

CURRENT BEST PRACTICE IN PRESSURE ULCER MANAGEMENT

TRACK 2

8:30–8:40AM	Welcome > Becky Dorner, RD, LD	11:45–12:00PM	Questions, Answers, Discussion
8:40–9:00AM	How does pressure, shear, friction and microclimate lead to ulceration? > Laura Edsberg, PhD > Steven Reger, PhD	12:00–12:45PM	Lunch in Exhibit Hall
9:00–9:15AM	How can risk assessments be matched to interventions? > Janet Cuddigan, PhD, RN	12:45–1:15PM	How does a biofilm retard wound healing? > Greg Schultz, PhD
9:15–9:35AM	How do you know if this is a pressure ulcer? > Mona Baharestani, PhD, RN	1:15–1:45PM	What role do support surfaces serve in pressure ulcer prevention and treatment? > Evan Call, MS > Joyce Black, PhD, RN
9:35–9:55AM	How can incontinence associated dermatitis skin lesions be reduced? > Tom Defloor, PhD, RN	1:45–2:00PM	When and how should pressure ulcers be débrided? > Mona Baharestani, PhD, RN
9:55–10:15AM	How can pressure ulcers on the heels be prevented and treated? > Catherine Ratliff, PhD, RN	2:00–2:15PM	Pressure ulcers on mucous membranes: NPUAP Position > Joyce Black, PhD, RN
10:15–10:45AM	Coffee Break in Exhibit Hall	2:15–2:45PM	When can adjuvant therapies promote pressure ulcer healing? > Teresa Conner-Kerr, PhD, PT
10:45–11:05	What topical treatments promote the healing of stage II pressure ulcers? > TBA	2:45–3:00PM	Coffee Break
11:05–11:30AM	What topical treatments promote the healing of full thickness pressure ulcers and deep tissue injury? > Laurie McNichol, MSN, RN	3:00–3:30PM	How can documentation improve the care of patients with pressure ulcers? > Laurie McNichol, MSN, RN > Becky Dorner, RD, LD
11:30–11:45AM	Can nutritional interventions improve pressure ulcer healing rates? > Mary Ellen Posthauer, RD, CD	3:30–4:00PM	What should be the standard of care when healing is not the goal? > Diane Langemo, PhD, RN > Carol Dealey, PhD, RN
		4:00–4:15PM	Questions, Answers, Discussion
		4:15–4:30PM	Evaluation

REGISTRATION
NOW OPEN AT
www.npuap.org



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Faculty

EDUCATION COMMITTEE & CONFERENCE PLANNING COMMITTEE

Joyce Black, *Co-chair*
Becky Dorner, *Co-chair*
Mona Baharestani
Vivian Beyda
Terry Coggins
Teresa Conner-Kerr
Janet Cuddigan
Denis Drennan
Rick Fontaine
Susan Garber
Chuck Gokoo
Carla Kitten
Diane Langemo
Laurie McNichol
Lynn Carpenter Moore
Lynn Peterson
Barbara Pieper
Mary Ellen Posthauer
Linda Pruitt
Misty Vaughn
Kathy Whittington

EXHIBITORS

3M Health Care
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Derma Sciences, Inc.
DM Systems
DZ Leskovac
EHOB, Inc.
Ferris Mfg. Corp.
Gaymar Industries
Healthpoint Tissue
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Natl. Alliance of Wound Care
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Washington DC
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11TH NATIONAL NPUAP BIENNIAL CONFERENCE

Mona M. Baharestani, PhD, ANP, CWOCN, CWS
East Tennessee State University, Johnson City, TN

Joyce Black, PhD, RN, CWCN, CPSN
University of Nebraska Medical Center, Omaha, NE

Evan Call, MS
Weber State University, Ogden, UT

Teresa Conner-Kerr, PhD, PT, CWS, CLT
Winston-Salem State University, Winston-Salem, NC

Janet Cuddigan, PhD, RN, CWCN, CCCN
University of Nebraska Medical Center, Omaha, NE

Carol Dealey, PhD, RN
NHS Trust, United Kingdom

Thomas Defloor, PhD, RN
Ghent University, Ghent, Belgium

Becky Dorner, RD, LD
Becky Dorner & Associates, Inc., Akron, OH

Laura E. Edsberg, PhD
Daemen College, Amherst, NY

Diane K. Langemo, PhD, RN, FAAN
University of North Dakota, Grand Forks, ND

Joann Lynn, MD
CMS Bureau Chief for Chronic Disease and
Cancer, CMS

JoAnn Maklebust, MSN, RN
Karmanos Institute, Detroit, MI

Laurie McNichol, MSN, RN, GNP, CWOCN
Advanced Home Care, High Point, NC

Mary Ellen Posthauer, RD, CD, LD
Supreme Care West, LLC, Evansville, IN

Catherine Ratliff, PhD, APRN-BC, CWOCN
UVA Health System, Charlottesville, VA

Steven I. Reger, PhD, CP
The Cleveland Clinic, Cleveland, OH

Gregory Schultz, PhD
University of Florida, Gainesville, FL

Additional speakers to be announced

Conference Details



REGISTRATION FEES

The advance fee for either conference (which includes handouts, breaks, lunch) is \$425 per person if registered/postmarked by **January 26, 2009**. After January 26, 2009, registration fee is \$450. Onsite registration is \$475. Three or more attendees from the same institution who register simultaneously will receive a \$25 discount per person.

LODGING INFORMATION

A block of rooms for NPUAP is reserved at **Hyatt Regency Crystal City** (2799 Jefferson Davis Hwy.) in Arlington, VA, in the Washington, D.C. area. The room rate is \$159 single/double with \$20 for each additional person. Reservations can be made by calling **703-418-1234** or Hyatt Central Reservations at **800-233-1234** by the reservation deadline of **February 4, 2009**. Request the NPUAP group rate.

TRAVEL ARRANGEMENTS

You will need to make your own travel arrangements. The Hyatt Regency Crystal City in Arlington, VA is just a short taxi ride from Washington Reagan National Airport (DCA).

CANCELLATIONS

To receive a full refund, less a \$50 processing fee, your cancellation notice must be received in writing (fax, mail or email) by **January 26, 2009**. No refunds will be issued after January 26, 2009. In the event of conference cancellation due to circumstances beyond our control, NPUAP is not responsible for expenses incurred by the registrant, including, but not limited to, cost of airline tickets, other travel, food or lodging.

CONTINUING EDUCATION CONTACT HOURS

This conference is co-provided by the **National Pressure Ulcer Advisory Panel** and **American Medical Technologies (AMT)**.

Participants may earn up to **11 contact hours** (4.5 for Day 1 and 6.5 for Day 2). AMT has applied for preapproved Physical Therapy accreditation in only the states that require pre-approval: Arizona, Florida, Ohio, Illinois, Louisiana and Texas. If you practice in any other state, simply forward a copy of your Certificate of Attendance to the PT Board in your area. An application has been submitted to the **American Dietetic Association** for up to **11 contact hours**.

AWARDS

The following NPUAP Awards will be presented at the conference. Please visit www.npuap.org for award and poster abstract details.

Kosiak Award: Named in honor of Dr. Michael Kosiak for his seminal contributions on the etiology of pressure ulcers, this award recognizes individuals who have made significant contributions through their leadership in research, education, or patient care related to pressure ulcer prevention and management.

Thomas Stewart Founder's Award: Named in honor of Dr. Thomas Stewart whose vision, leadership, and support resulted in the creation of the NPUAP; this award honors an individual or group that has made a significant contribution to the prevention or management of pressure ulcers through leadership and public policy.

Roberta Abruzzese Award: Named in honor of Dr. Roberta Abruzzese for her vision, leadership, and support in promoting educational endeavors in relation to pressure ulcer management. This is a \$1,000 travel award to support a student to attend the NPUAP Conference. Funded by **Gaymar Industries, Inc.** the award covers travel, lodging, and per diem to attend the NPUAP Conference. The conference registration fee will be waived by NPUAP. See the NPUAP website for further details.

Poster Presentations & Awards: We welcome posters at this meeting. Posters will be displayed during exhibit hours. Authors will be available for questions. See www.npuap.org for guidelines on poster abstract submission. Submissions are reviewed by a poster committee. Topics that are focused on pressure ulcer prevention, pressure ulcer treatment or system changes are advised. **Deadline for poster submission is November 21, 2008.** Notification of poster acceptance will occur on or before December 5, 2008. **An author must be present and registered for the conference if their poster is accepted.** Judging of the posters will occur on Friday evening and awards will be presented on Saturday. The NPUAP Research Committee will present two \$500 awards at the conference for the "Best Poster for a New Investigator" and the "Best Overall Poster".



American Medical Technologies is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

EXHIBITOR & SPONSORSHIP OPPORTUNITIES AVAILABLE!
CONTACT NPUAP FOR DETAILS

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Registration Form

CONFERENCE TRACKS ARE CONCURRENT – PLEASE SELECT ONLY ONE:

- TRACK 1: International Guideline Consensus on Implementation – Only**
 TRACK 2: Current Best Practice in Pressure Ulcer Management – Only

Registrant _____
Title _____ Discipline _____
Employer _____
Address (O Work O Home) _____
City _____ State _____ Zip _____
Daytime Phone Number _____ Fax _____
E-mail for Registration Confirmation _____
Special Physical or Dietary Needs _____
 I do NOT want my contact information shared with other attendees and exhibitors.

REGISTRATION FEES

(Fees are per person)

- **Early Bird Registration** (By January 26, 2009) \$425
■ **After January 26, 2009** \$450
■ **On-site Registration** \$475

- **GROUP DISCOUNT:** Three or more attendees from the same institution who register simultaneously by **January 26, 2009** may each deduct this amount: Less \$25 (per person)

Register by 1/26/2009 for Early Bird pricing. Fees may be transferred to another person for this conference only. Registration at the door will be available if space permits; however handout materials cannot be guaranteed unless you have pre-registered by 1/29/2009. **CANCELLATIONS:** Fees paid will be refunded less a \$50 processing fee if notice is received in writing by **January 26, 2009**. No refunds after January 26, 2009.

METHOD OF PAYMENT

 — Registrations will not be processed until full payment is received.

My CHECK (in U.S. dollars, payable to NPUAP) in the amount of \$_____ is enclosed.
 Please charge \$_____ to my CREDIT CARD: VISA American Express MasterCard
Card Number _____ Exp. Date _____ CVV# _____
Cardholder Name _____ Signature _____
Billing Address _____ Date _____

HOW TO REGISTER

 — Registrations will be accepted online, via fax or mail.

ONLINE . . . It's easy, fast, and secure. Go to www.npuap.org to register online or to download a registration form.

FAX Send your registration and credit card information to **(202) 833-3636**

MAIL Send completed form with payment to:
NPUAP • 2300 N Street NW • Suite 710 • Washington DC 20037

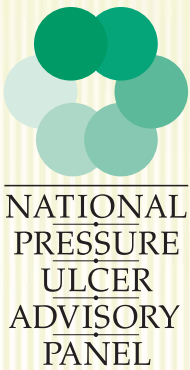
QUESTIONS?

Contact NPUAP at 202.521.6789 or email info@npuap.org

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