

President's Message

The Times, They Are A-Changin'

By Sharon Baranoski, MSN, RN, CWOCN

Both Woody Guthrie and Alvin Toffler are correct. Guthrie sang "The times they are a-changin'," and Toffler warned us that the pace of change is picking up. The half-life of successful tomorrows is painfully short—and growing shorter all the time. Healthcare is also a-changin'! The prospective payment system (PPS) has the whole world jumping through numerous hoops to implement system changes. New reimbursement methodologies have everyone scampering to figure out how they will meet their bottom lines.

NPUAP is a-changin' as well. We have

- successfully joined a management firm that has allowed us to expand into the business we know: pressure ulcers.
- developed a Web site that is getting thousands of hits a day.
- a task force that is busily developing a monograph on the "decreasing pressure ulcers by 50 percent" statement made ten years ago.
- presented our Healthy People poster presentations at several national programs.
- conducted four one-day seminars on "Avoidable vs. Unavoidable Pressure Ulcers."
- been involved with HFCA on several pressure ulcer-related topics. The Pressure Ulcer Scale for Healing (PUSH) task force will continue to collect data on the use of the PUSH tool, and in the future, we will see the PUSH tool implemented on the post-acute MDS form.
- completed plans for our national conference in 2001. We will be presenting a research award at the conference.
- developed three new slide-set presentations, with the fourth set due to be completed in the next few months.

We have increased NPUAP's visibility by 100 percent this past year, which was a strategic goal of the current board. NPUAP's recognition as "experts" in the field of pressure ulcers continues.

The board of directors, collaborating organizations, and the Corporate Advisory Council (CAC) welcome three new board members: **Mary Ellen Posthauer, RD, CD**, MEP Healthcare Dietary Services, Evansville, Indiana; **Dr. Richard Bennett**, John Hopkins University/Geriatric Center, Baltimore, Maryland; and **Dr. Spencer Van B. Wilking**, Boston Medical Center, Boston, Massachusetts. We look forward to their participation and expertise on our many projects.

The next NPUAP board meeting will be held August 17–19 in Pasadena, California. We will be joining forces with the University of Southern California and presenting "Avoidable vs. Unavoidable Pressure Ulcers" on August 18, 2000. Barbara Bates-Jensen is chairing this event.

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Notes From NPUAP

By Rick Guggolz, Executive Director

Summer is here and we all wonder, "How can the year be half over?!"

NPUAP has been busy with many projects and activities, and we hope you will take the time to review the many updates that are provided in this newsletter.

Avoidable/Unavoidable Meetings

The May meeting in Chicago was very successful, both in

terms of attendance and finances. Thanks to President Sharon Baranoski for her work on this meeting.

Barbara Bates-Jensen is hard at work preparing for the August 18 Avoidable/Unavoidable meeting at the University of Southern California. The next meeting of the panel will be held August 17 and 19 in nearby Pasadena, allowing panel members to participate in and attend the meeting at USC

on the 18th. Please contact the national office if you need information on either of these meetings.

7th National NPUAP Conference, February 23–24, 2001.

Mark your calendar now with these new dates for next year's conference at the Omni Shoreham Hotel in Washington, D.C. An exhibitor prospectus will soon be distributed to CAC members and other potential exhibitors. Speakers will soon be contacted and the agenda finalized. We would like to thank the Eastern Paralyzed Veterans Association for its recent financial contribution towards this meeting. More information will be posted on the Web site as it becomes available. (*See conference ad on this page.*)

Web Site Redesign and Expansion

Thanks to Janet Cuddigan for her extensive efforts to redesign and update the NPUAP Web site (www.npuap.org). If you have not visited the site recently, I encourage you to do so. We will soon be adding a "Frequently Asked Questions" section to provide basic information and statistics to both wound-care professionals and the general public. Thank you to Rita Frantz for her efforts on this project.

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7th National NPUAP Conference— Pressure Ulcer Prevention: From Research to Practice

February 23–24, 2001
Omni Shoreham Hotel
Washington, D.C.

Topics to address:

- Risk Assessment—Best Method to Drive Prevention Protocols
- Risk-based Prevention Protocols
- Research-based Prevention Protocols
- Public Policy and Quality Indicators
- Risk Stratification
- Implementation of Quality Indicators
- PU Prevention Across Disease States
- Reduce Risk of Litigation
- Cost Containment Practicalities

An essential resource for nurses, clinicians, third-party payors, physicians, administrators, attorneys, directors of nursing, and policy makers.

Exhibitors will be present.

For more information, contact NPUAP at
11250 Roger Bacon Drive, Suite 8
Reston, VA 20190-5202
703-464-4849, ext. 4070 or 4071
Fax: 703-435-4390
www.npuap.org

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NPUAP Provides Input on HCFA Draft Policy

In June, NPUAP's Public Policy Committee coordinated a response to HCFA on the draft policy for Negative Pressure Wound Therapy Pumps (NPWT). Issues that were raised include

- considering the appropriateness of including other ulcers and wounds with NPWT.
- using other validated instruments that objectively measure wound improvement and assessment, including the PUSH tool (Pressure Ulcer Scale for Healing) and the PSST (Pressure Sore Status Tool); and
- What constitutes "traditional therapy?"

Thanks to the various NPUAP

members who quickly mobilized to formulate NPUAP's input and meet the deadline for comments. Collectively, NPUAP has a wealth of volunteer resources and knowledge that can make a positive contribution on issues such as these.

Corporate Advisory Council Members Sought

When you travel to industry meetings and when you deal with wound-care vendors throughout the year, always keep in mind that NPUAP is continually seeking to grow its current number of CAC members. Additional CAC members will increase our breadth of knowledge and resources and provide NPUAP with additional revenue to pursue its goals, objectives, and activities. When

you meet an interested vendor, simply forward the information to my attention at the national office for follow-up. Thank you in advance for your efforts in this area.

Summer Celebration

My assistant, Jennifer Shay, had her first baby on July 10, 2000, and we are all excited for her and her husband, Colin. While Jenn is away on maternity leave, Lethia Kelly will be assisting me with client work. Lethia has worked with several associations over the course of her career, and we feel lucky to have her over this time frame.

A special thanks goes to Jennifer for her ongoing dedication and hard work—how she maintained her hectic pace while being pregnant is a mystery to me, but she never missed a step! Congratulations to Jenn, Colin—and baby Harrison Gordon Shay!

I look forward to seeing you August 17–19 in Pasadena for the next panel meeting.

Call for Proposals National Pressure Ulcer Advisory Panel Research Award

The National Pressure Ulcer Advisory Panel (NPUAP) fosters and supports research on pressure ulcer prevention and treatment. The organization provides small grant awards (\$1,500) to novice researchers from any healthcare or basic science discipline. The funds are intended to support preliminary research efforts (including dissertations) of young investigators who are likely to have promising academic careers in pressure ulcer research.

The NPUAP Research Award(s) will be announced at the 7th National NPUAP Conference, February 23–24, 2001, in Washington, D.C. The deadline to submit proposals is November 1, 2000. For a copy of the program announcement and application form, please contact the National Pressure Ulcer Advisory Panel, 11250 Roger Bacon Dr., Suite 8, Reston, VA 20190–5202, or call 703–464–4849. You may also visit our Web site at: www.npuap.org.

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So, the times, they are a-changin,' but NPUAP is ready to meet the challenges and changes as we move forward to improve pressure ulcer education, address public policy, and continue research on issues related to pressure ulcers.

See you in California!

Research Committee

By Stephen Sprigle, Research Committee Chair

Answers to frequently asked questions (FAQ) were developed and have been posted on the NPUAP Web site. FAQ is divided into sections that address pressure ulcer definitions, dressings, etiology, and treatment. Many thanks to Drs. Sue Gardner and Rita Frantz for completing the FAQ.

A letter was sent to HCFA commenting on a review issue

described in the Pressure Reducing Therapy (#CAG-00017) tracking sheet. We specifically addressed HCFA's interpretation of the Blue Cross and Blue Shield Association TEC report, "Special Report: Pressure-reducing Support Surfaces in the Prevention and Treatment of Pressure Ulcers; Group 3 Technologies and Continuous Rotational Devices." We felt HCFA's inter-

pretation of the TEC report was inconsistent with the actual report that concluded that available research data was insufficient to evaluate the health outcomes of treatment.

The research committee has completed and released a "Call for Proposals" for the NPUAP Research Award to be presented at the 7th National NPUAP Conference.

Education Committee

By Diane Langemo, Education Committee Cochair

Working with the ambitious agenda set by this committee for the year 2000, members have been actively involved in accomplishing the goals of the committee and of NPUAP.

The slide sets are selling very well, and we have looked into additional avenues for advertising the slides. Another thank you to Sharon Baranoski, Rita Frantz, and David Thomas for their outstanding work on these new slide sets. Orders can be placed online on the NPUAP home page or through the NPUAP national office.

The profit from the Chicago area "Avoidable vs. Unavoidable" conference was approximately \$4,800. Many thanks to the speakers as well as to Sharon Baranoski for her work on this conference. Another "Avoidable

vs. Unavoidable" conference is being chaired by Dr. Barbara Bates-Jensen and will be held August 18, 2000, at the University of Southern California, in conjunction with the summer NPUAP Board of Directors meeting.

The 2001 Consensus Conference is set for February 23-24, 2001, at the Omni Shoreham Hotel in Washington, D.C. The conference agenda promises to be most interesting and educational.

The Challenge 2000 Task Force will complete the draft of its monograph this month, which addresses the challenge set forth in 1990 to "reduce the incidence of pressure ulcers by 50 percent by the year 2000." Elizabeth Ayello, Janet Cuddigan, and Carrie Sussman are editing the monograph.

NPUAP

Educational Slide Sets

The National Pressure Ulcer Advisory Panel has three new slide sets available:

- #1—Pressure Ulcer Basics
- #2—Incidence, Prevalence, and Risk Assessments
- #3—Strategies for Pressure Ulcer Prevention

For an order form:

contact NPUAP at
11250 Roger Bacon Drive, Suite 8
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or check the Web site at
www.npuap.org



Challenge 2000 Task Force Update

By Carrie Sussman

The Challenge 2000 Task Force is on target with its literature review of the prevalence and incidence of pressure ulcers. The task force members are working very diligently to deliver a comprehensive report. We plan to submit the draft report for review and comments to NPUAP at the August 2000 NPUAP meeting in Pasadena. Future plans include arranging the report for publication in a peer-reviewed journal.

Call for Kosiak Award Nominations

NPUAP is accepting nominations for the Kosiak Award. This award was designed to honor individuals who have made significant contributions to the prevention and/or management of pressure ulcers through their leadership in the areas of research, education and/or patient care. The award is named in honor of Dr. Michael Kosiak for his classic, original contributions on the etiology of pressure ulcers.

Nominations for the award should be sent to the NPUAP National Office by November 1, 2000. Each nomination should consist of a detailed letter describing the accomplishments of the nominee in the areas of research, education, and/or patient care. Only nominees who are U.S. citizens will be considered. Each nomination letter should be accompanied by a complete *curriculum vitae* of the nominee and two letters of endorsement from knowledgeable colleagues.

Japanese Pressure Ulcer Society Report

By Carrie Sussman

The Japanese Pressure Ulcer Society is preparing for its next pressure ulcer meeting in September 2000. Below are the details of the meeting sent by Hiromi Sanada, Ph.D., RN, ET. Dr. Sanada is professor of nursing at Kanazawa University. For more information, please contact her at sanadaf@kenroku.kanazawa-u.ac.jp.

2nd Annual Conference of the Japanese Pressure Ulcer Society

Date: September 1–2, 2000

Place: Nagasaki Brick Hall General

Secretary: Takehiko Ohura (president and medical director, Kei-Jin-kai Medical Corporation)

Chairperson: Toru Fujii (professor, Department of Plastic and Reconstructive Surgery, School of Medicine, Nagasaki University)

Program

1. Keynote, Special Lecture, and Educational Lecture
2. Panel Discussion
 - A. Prevention Care
 - B. Operative Technique
3. Case Study Discussion—Conservative Treatment vs. Surgery
4. Oral Presentation and Exhibition

Call for Poster Abstracts



National Pressure Ulcer Advisory Panel 7th National Conference— Pressure Ulcer Prevention: From Research to Practice

February 23–24 2001

Omni Shoreham Hotel • Washington, D.C.

The National Pressure Ulcer Advisory Panel has hosted six national conferences since 1989 for multidisciplinary healthcare professionals involved and interested in issues regarding pressure ulcers. Beginning with the first conference, which resulted in the pressure ulcer staging definitions later adopted by AHCPR, each conference has made a significant contribution to pressure ulcer care. The biennial conference is one of NPUAP's strategies to accomplish its educational mission. NPUAP is soliciting poster presentations for the 2001 conference that will be held February 23–24, 2001. Following are the poster-proposal guidelines and information on how to contact us with questions.

Subject Matter

Poster submissions should contain subject matter of interest on pressure ulcer research, education, or public policy issues. Topics can include, but are not limited to, clinical research, case studies, treatment options, protocols, education, or overall pressure ulcer management.

General Poster-Proposal Information and Guidelines

- ✓ Each proposal will be peer-reviewed by a member of the NPUAP Research Committee.
- ✓ When choosing a topic, please note that the audience will be multidisciplinary, including physicians, nurses, researchers, administrators, surveyors, and policy makers.
- ✓ Poster presenters who are selected for presentation must register for the 7th national conference at the early-bird rate and make their own travel and hotel arrangements. All expenses are the responsibility of the presenters.
- ✓ The conference site will provide a poster board that is 8 feet wide by 4 feet high. Presenters must provide their own tack pins or velcro for posting display. No electricity is available for the poster displays. No products may be handed out at the poster sessions. Handouts of abstract may be distributed to attendees during the open poster-session hours.
- ✓ Posters will be on display during all exhibit hours. It is recommended that authors be available for any questions from conference participants.
- ✓ **Set-up** of poster should be completed on February 23, before exhibit hours.

- ✓ **Tear-down** of poster is at the end of exhibit hours and before the conference ends on February 24. NPUAP is not responsible for lost or damaged materials and will not take responsibility for posting, tearing down, or shipping any materials.

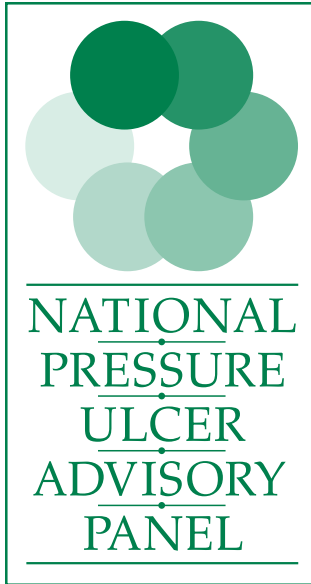
Poster-Proposal Format

- ✓ Abstract (250-word limit includes abstract only). Recommendation: include statement of the problem, methodology, results, and conclusion.
- ✓ Include 2–3 behavioral objectives, and cite references on a separate page.
- ✓ Include a stamped, self-addressed postcard or envelope with the title of the presentation on the message side. We will use this card to notify you that we have received your submission. Notification of receipt does not imply acceptance. A written letter of acceptance will be sent to the primary author by December 15, 2000.
- ✓ Include a cover sheet with the following:
poster title, author(s), contact address, institution, phone number; indicate the primary contact.
- ✓ Submit two copies of the abstract, with author(s) names removed for blind review. Submit one abstract with full authorship listed at the top of the page under the title.
- ✓ All abstracts must be submitted with a disk, or e-mailed to the NPUAP Research Committee at rguggolz@drohanmgmt.com. Please include the program format if sending on disk.
- ✓ Microsoft Word is preferred.
- ✓ *No* faxes will be accepted.
- ✓ Submission deadline: November 1, 2000.
- ✓ Notification date: December 15, 2000.

Mail to NPUAP Research Committee

11250 Roger Bacon Drive, Suite 8
Reston, VA 20190–5202
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NPUAP is an independent, not-for-profit organization composed of leading authorities representing various disciplines, all of whom share a commitment to the prevention and management of pressure ulcers.



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