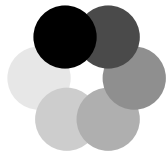


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## President's Message: Together We Aspire, Together We Achieve

By Courtney H. Lyder, ND, GNP, FAAN

It is my privilege to serve as President of the National Pressure Ulcer Advisory Panel. I officially began my one year term on January 11, 2002 at the annual meeting in New Orleans, Louisiana. For those attending this year's meeting, it was clear that the NPUAP remains a dynamic organization, comprised of leaders shaping the world view on pressure ulcer prevention and management.

This year the NPUAP continues to move its education, research and public policy agendas forward. The NPUAP never seems to run out of ideas, and more important an uncanny ability to bring those ideas to fruition. I will take this opportunity to review just a couple of the highlights that we have planned for the 2002 year.

The education committee has planned a rather ambitious year. The committee is co-chaired by Drs. Joyce Black and Mona Behrastani. Due to popular demand, we will continue to present the successful one day avoidable/unavoidable conferences. However, this year we will offer five conferences throughout the U.S. This is an increase of two additional conferences in 2002. Moreover, the education committee will be offering two new one day conferences. One conference will focus on legal issues and the second will focus on best practices related to pressure ulcers. These two conferences were developed in direct response from suggestions by previous conference attendees.

The research committee continues to be busy. The committee is co-chaired by Drs. Stephen Sprigle and David Brienza. This year

they completed an evaluation on current funded pressure ulcer research in the U.S. There evaluation revealed rather interesting trends in funding, and more importantly identified gaps in pressure ulcer funding. This evaluation when published, may lead funding agencies to close those gaps identified in the report. The research committee has also begun the arduous process of delineating deep tissue injury versus Stage I pressure ulcers. A report of the task force (Co-chaired by Drs. Joyce Black and Richard Bennett) should be completed by our bi-annual meeting in August 2002. Finally, the research committee continues to make progress with its support surface initiative. Prior to the annual meeting in January, a one-day invitational meeting was held. Over 50 people attended this successful meeting! Although this is a three-year project, I'm confident the results of the project will lead to significant policy changes.

The public policy continues to partner with CMS on key issues related to pressure ulcers. The committee is co-chaired by Drs. George Xakellis and Morris Kerstein. Two board members were selected (Drs. Elizabeth Ayello (Alumni) and Courtney Lyder) by CMS to provide clinical input as the government revises its interpretive guidelines and scope and severity for how pressure ulcer care will be evaluated in nursing homes throughout the U.S. The NPUAP through the public policy committee will work closely with CMS on the revisions to the interpretive guidelines. The Public Policy committee also remains active in providing comments related to various

*President's Message—continued on page 2*

## President's Message—continued from page 1

initiatives by the CMS (e.g. seat cushion coding policy). The committee will continue to seek opportunities this year to deepen its relationship with CMS and will expand its relationship with other federal agencies (e.g. Surgeon General, Centers for Disease Control).

I think its crystal clear that we are a panel that never sleeps! As I begin my term as President, I would like to take this opportunity to thank our Immediate Past President Sharon Baranoski, MSN, CWOCN, and her Executive Committee (Diane Langemo, PhD, RN; Dan Berlowitz, MD, MPH and Stephen Sprigle, PhD, PT) and the Mission Committee Chairs (Drs. Barbara Bates-Jensen {Education}, Stephen Sprigle {Research} and George Xakellis {Public Policy}) for doing an exceptional job. I also look forward to working with this year's executive committee (Drs. Barbara Bates-Jensen {Vice President}, Dan Berlowitz {Secretary}, and Richard Bennett {Treasurer}) and mission committee chairs. We will continue to grow our corporate

advisory council and collaborating organizations. Further we will look for opportunities to collaborate with our international partners (e.g., European Pressure Ulcer Advisory Panel, Japanese Pressure Ulcer Society, etc.) in 2002.

Our organization is financially strong, intellectually rich and eternally committed to making a positive difference in pressure ulcer education, research and policy. I can think of no better quote that captures what we have done with a 15 panel board, dedicated corporate advisory council, collaborating organizations and alumni than "Together we aspire, together we achieve". We have aspired and we are achieving!! 🌟

Warm Regards

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## SSI Initiative

By David M. Brienza, Ph.D.

On January 10, 2002, NPUAP hosted the first working group meetings of the NPUAP Support Surface Initiative (SSI) in New Orleans, Louisiana. More than 50 people representing industry, clinicians, research and collaborating organizations, and government agencies attended the daylong meeting. In the opening general session, Stephen Sprigle, David Brienza, Patricia Karg, and Mary Jo Geyer introduced the participants to the initiative, presented background information on standardized test method development, and discussed fundraising efforts. Working groups were established on *tissue integrity* (David

Brienza, Chair, David McCausland, Vice Chair), *lifespan evaluation* (Kathleen Baldwin, Chair, Lydia Biggie, Vice Chair), and *nomenclature terms and definitions* (Abby Daniels, Chair, Margaret Goldberg, Vice Chair). The working groups were charged with the tasks of determining group leadership, identifying the scope work and formulating an action plan. Minutes from the meetings and additional information will be available at <http://www.npuap.org>.

The next meeting will be held in conjunction with the 34<sup>th</sup> Annual Wound, Ostomy and Continence Conference, June 2-6, 2002 in Las Vegas Nevada. 🌟



# Notes From NPUAP

By Rick Guggolz, Executive Director

Spring is trying to get here early on the East coast and NPUAP has been busy with many projects and activities. We hope you will take the time to review the many updates that are provided within this issue of the newsletter, the third issue to be distributed electronically.

## Panel Meets in New Orleans

The four components of NPUAP met in New Orleans January 11–12 and laid out plans for 2002 and beyond, many of which are outlined in this issue of the newsletter. Many felt that NPUAP's tradition of meetings and snowstorms would certainly not continue in Louisiana, however it actually snowed two inches in Baton Rouge prior to NPUAP's arrival.

## 8<sup>th</sup> National Conference Slated for The Big Easy: A Pressure Ulcer Report Card—Education, Public Policy, and Research

Mark your calendar now for the February 21–22, 2003, NPUAP National Conference at the Hotel Inter-Continental. The meeting will be held the week prior to Mardi Gras. Be sure to check the web site regularly for updates—the agenda is currently being put together but preliminary topics include:

- NPUAP's support surface initiative
- legal trends
- alternative therapies
- purple pressure ulcers
- core curriculums
- incidence and prevalence
- quality indicators
- 314 tag
- best practices across settings

Please note that we are currently looking at the possibility of adding a “best practice” meeting prior to the conference, which would be held at the Hotel Inter-Continental on February 20.

## Avoidable/Unavoidable One Day Meetings

The next Avoidable/Unavoidable meeting is slated for August 9, 2002 in Pittsburgh, PA. Please visit the NPUAP web site this summer for registration materials. The Education

Committee will have further meeting updates within this newsletter, including info on a one-day meeting in Orlando on October 25, geared towards health care attorneys.

## Who's On First? Board Member and Committee Co-Chair Update

Check the web site for the current Board listing as we bid farewell (from the Board) to Elizabeth Ayello, but we know that we have not seen the last of this “Super Volunteer”, who has devoted countless hours to the NPUAP and who will now become part of the NPUAP Alumni. We welcome our newest Board member—Dr. George Taler of the Washington Hospital Center in Washington, DC—and look forward to his participation. New committee co-chairs are:

- Public Policy: Morris Kerstein, George Xakellis
- Education: Mona Baharestani, Joyce Black
- Research: Stephen Sprigle, David Brienza
- Welcome New Corporate Advisory Council Members!

We would like to welcome our three newest CAC members:

- Nestle' Clinical Nutrition (reps Kathryn Hennessy, Senior Project Manager, New Business Development, and Carol Siegel, Manager, Professional Services)
- Sunrise Medical (reps Kenny Blackshear, Director of Manufacturing and Product Management, and Tom Whelan, Director of Product Management)
- The ROHO Group (reps Cynthia Fleck, Director of Global Training Education, and David McCausland, Vice President of Corporate Planning)

We look forward to working with you and to a long relationship! You may find links to these organization web sites on the NPUAP web site.

Notes From NPUAP—continued on page 4



Notes From NPUAP—continued from page 3

### **Corporate Advisory Council Members Sought**

When you travel to industry meetings and when you deal with wound care vendors throughout the year, always keep in mind that the NPUAP is continually seeking to grow our current number of CAC members.

Simply forward the information to my attention at the National Office for follow-up. Additional CAC members will increase our breadth of knowledge and resources and also provide NPUAP with additional revenues to pursue its goals, objectives and activities. Thank you in advance for your efforts in this area.

### **NPUAP's "Pressure Ulcers in America" Monograph Reprinted**

The NPUAP pressure ulcer monograph has been recently reprinted, so if you don't have your copy yet be sure to contact Marilyn Tucker at the National Office (703-464-4849 ext. 4085).

### **NPUAP Slide Sets 1, 3 and 4 Now in Video**

Three of the four NPUAP slide sets have been converted to video. Marketing of the video will soon begin and an order form is now on the web site. Discounts will be offered for large orders.

### **NPUAP To Exhibit at Industry Meetings**

NPUAP plans to exhibit in 2002 at the Symposium on Advanced Wound Care in Baltimore, the WOCN meeting in Las Vegas (June) and the Clinical Symposium on Wound Care in Dallas (September). If you will be attending any of these meetings and can spare an hour or two at the NPUAP booth, please contact the National Office.

I look forward to seeing you in August 16-17 at the next Panel meeting. We are evaluating hotels in Chicago, however the dates are definite. ☛

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## **Unstageable Deep-Tissue Injury**

*By Joyce Black RN, Ph.D.*

**T**he current staging system works well for most pressure ulcers. However, there is a group of pressure ulcers that do not fit into the current system. Skin that is intact but appears dusky, boggy or discolored (purple, ecchymosis) may quickly deteriorate. These areas of skin are not true Stage I or Stage II, so what are they and how should they be prevented and treated? The unstageable deep-tissue injury task force is examining the literature on the topic, probable etiologies, treatments and areas for future research. Look for an upcoming position paper on the topic and presentations at our national conferences. ☛

## **Newest Elected Member to the Board**

*By Courtney H. Lyder, ND, GNP, FAAN*

**T**he NPUAP is pleased to welcome **George Taler, M.D.** to his first three year term. Dr. Taler is a noted geriatrician and pressure ulcer expert. He completed his medical degree from the University of Maryland in 1975. He is certified in family medicine, geriatrics, and as a medical director. Presently, he is Director, Long Term Care, Department of Medicine, Washington Hospital Center, Washington, D.C. He has published and presented in the areas of pressure ulcers, long term care and geriatrics. ☛

## Newest NPUAP Alumni Member

By Courtney H. Lyder, ND, GNP, FAAN

**E**lizabeth A. Ayello, PhD, RN, CWCN became the newest member to join our alumni council after serving two consecutive three-year terms. Dr. Ayello is presently a Clinical Associate Professor and Senior Advisor to the John A. Hartford Institute of Geriatric Nursing at New York University's Division of Nursing. In her tenure with the NPUAP, Dr. Ayello held almost every officer position (President, Vice President, and Secretary) and chaired numerous task forces (i.e. Stage I pressure ulcers, reverse staging) and most recently served as our webmaster. She also served as Associate Editor for our monograph Pressure Ulcers in America: Prevalence, Incidence and Implications for the Future. Dr. Ayello's contributions to the NPUAP will be felt for many years to come. Because of her hard work and dedication to this organization, we can see the future. We owe a great deal of respect, admiration and gratitude to her for a job well done! 🍀

## Discerning From Documentation

By Joyce Black, RN, Ph.D.

"If it is not charted it is not done" is an axiom often used by lawyers and documentation remains the cornerstone of analysis. NPUAP has developed a conference on pressure ulcers for attorneys, legal nurse consultants, risk managers and others interested in the litigation of pressure ulcers. This conference will address the current incidence of pressure ulcers in the US, presentation and etiologies of various wounds, deep tissue injury, support surfaces, standards of care for prevention and treatment and current legislative issues. Experts in litigation pressure ulcer cases from the plaintiff and defense avenues will allow for audience participation. The conference will debut in Orlando on October 25, 2002. For registration information, contact the national office. Group discounts are available with advanced registration. 🍀

## Research Committee Report

By Stephen Sprigle, Ph.D.

**T**his newsletter includes separate updates on two research committee endeavors: the unstageable deep-tissue injury taskforce and the support surface standards initiative. Other activities—both ongoing and future—include:

### *Research compendium:*

a compilation of pressure ulcer research in the U.S. has been completed and a manuscript written. The research compendium was planned to be an annual undertaking, but experience over the past year suggests that it will be limited to federally funded research. Collecting information about privately funded research required significant effort in comparison to the information collected.

### *PUSH:*

This taskforce remains active and plans to meet via teleconferencing throughout the year.

### *Research Grant Award:*

NPUAP presents a small research awards to a new investigator during its annual conferences. In anticipation of the 2003 Annual Conference, the call for proposals for the Research Grant Award will be released in the Spring.

Anyone interested in working on these endeavors may contact Stephen Sprigle for additional information. 🍀

# Education Committee Report

By Joyce Black, RN, Ph.D.

The education committee has set forth several goals for this year for conferences. We are introducing new conferences this fall. Including one for attorneys that will focus on the how to tell from documentation “which ulcers are not pressure ulcers”, “nutritional care” “prevention and treatment of ulcers”, “care of deep tissue injuries” among other topics. This exciting conference will be held in October in Orlando.

The second conference will focus on treatment of pressure ulcers. NPUAP has been asked often to do a conference on the treatment of pressure ulcers....and it will be available in February in New Orleans.

The biennial consensus conference will also be held in New Orleans, the day after the new treatment conference. This consensus conference will be titled “A Pressure Ulcer Report Care: Education, Research and Public Policy.” You will be asked to grade the current care of pressure ulcers as part of

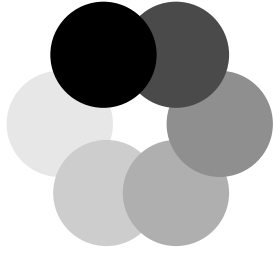
the conference! We also would like to streamline the conference that address the avoidability of pressure ulcers. These popular conferences continue to be offered nationwide, and we would like to make the process of hosting the conference easier.

NPUAP continues to develop educational materials for use in all settings. The slides continue to be popular and we have just completed a video tape with narration of the slides for ease of use in long term care. See the separate ad in this issue on how to buy the new video. Of course, the videos and slides will continue to be sold at the professional conferences in our exhibit booth.

Long term goals that we will begin to address this year include making the preventing pressure ulcer patient guide available in different languages on our web site, developing core curricula for all disciplines on the pressure ulcers and developing an educational item on the PUSH tool. ❁

## “Avoidable” Upcoming Meetings

August 9, 2002	Pittsburgh, PA
October 4, 2002	St. Louis, MO
October 24, 2002	Orlando, FL
November 4, 2002	Springfield, MA



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# NPUAP VIDEO NOW AVAILABLE!



## Pressure Ulcer Basics and Strategies for Pressure Ulcer Prevention and Treatment

(combines current NPUAP slide sets 1, 3 and 4)

### Order Information

Video cost: \$75 (includes postage and handling)

Discounts: 10 to 50 orders (10%)

Over 51 orders (15%)

Total number ordered: \_\_\_\_\_

Total cost: \$ \_\_\_\_\_

### Shipping Address

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Payment Method

Check (Make checks payable to NPUAP.)

Please invoice us. Purchase order number: \_\_\_\_\_

VISA       MasterCard       American Express

Card number: \_\_\_\_\_ Expiration date: \_\_\_\_\_

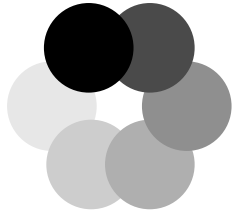
Signature: \_\_\_\_\_

Please allow 3–4 weeks for processing and delivery. Video includes descriptive text.

Return this order form to: **NPUAP, c/o First Union Bank, P.O. Box 85080, Richmond, VA 23285–4638**

**Questions?** – Contact the NPUAP national office at 703–464–4849, ext. 4070,

Rick Guggolz, executive director, or ext. 4071, Jennifer Shay, administrator



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FEBRUARY 21-22, 2003



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